

2023 Klondike Derby

Leaders Guide

When: February 4, 2023

Where: Town of Ohio Town Park Nellis Rd, Cold Brook, NY

Who: Scouts, Crews and Arrow of Light Cubs attached to a Troop

You must Register your unit by January 31st

Cost: \$17 per Scout and \$10 Per Adult

What:

AM KLONDIKE DERBY:

Patrols of Scouts will pull their Klondike sled over a route which has competitive stations. Each patrol shall carry all the supplies they need to complete the tasks at each station, (A list of approved items can be found below). Patrols will be graded on performance at each station. An overall winner based on total points. (Stations are subject to change due to weather or other uncontrollable conditions.)

Lunch:

Lunch will be provided for all registrants. It will consist of Chili, Chicken noodle soup, hot dogs, cookies, and bug juice. Coffee and Hot Chocolate will be available all day.

PM Snow Snake and Sled Race:

There will be two events after lunch: A snow snake competition for distance and a sled race for speed.

Health and Safety:

The Klondike Derby is a cold-weather outdoor event, and it is expected that all Scouts and Scouters will be prepared and dress accordingly. The Town Rec Center will be available as a warming station, but Scouts and Leaders will spend a reasonable amount of time outdoors.

Cold Weather Comfort & Safety

A key fundamental of cold weather camping and outings is to KEEP DRY. Moisture will reduce the insulating properties of almost everything. An easy acronym to remember is COLD.

- C** Keep yourself and your clothes Clean.
- O** Avoid **O**verheating.
- L** Wear clothes loose and in **L**ayers
- D** Keep **D**ry

A few thoughts:

- 1) Boots with good insulating and waterproofing properties must be worn. *Tennis shoes or Sneakers are not appropriate footwear.*
- 2) Drink plenty of water.
- 3) Make sure to bring extra clothing, gloves and hats.
- 4) Water-resistant pants, snow pants, and or gaitors.

Learn more about Cold Weather clothing check in these Scout Life articles

- <https://Scoutlife.org/outdoors/outdoorarticles/6981/checklist-for-a-basic-cold-weather-outing/>
- <https://blog.Scoutingmagazine.org/2022/11/10/being-prepared-for-cold-weather-camping/>

All Scouts and Scouters should be mindful of the environmental factors involved with a Klondike Derby. The buddy system shall be used by all units. Any signs of cold weather related injuries shall be addressed promptly by the unit leader. All injuries must be reported to the Event Medical Officer who will be available in the Town Rec Center.

Health Forms

Scout leaders must have a current copy of part A & B of the BSA health form for all participants (including adult leaders). These will need to be available upon request of the Event Health Officer.

Allergies

Please notify the registration staff of any food allergies upon arrival. If you or your Scout is unable to eat the food items mentioned above, please bring your own lunch.

Parking

Parking will be available in the designated parking lots and/or on the shoulder of Nellis Rd. If using the road please park on the Rec Center side only. Paths for emergency vehicles must be kept clear.

Weather Postponements:

The Klondike Derby may be postponed in the event of severe rain or blizzard conditions. The postponement will be declared early Saturday of the event. You will be contacted in the event of a cancellation.

More Info:

Pre-Registration

Online Pre-Registration is MANDATORY by Jan 31, 2023. This registration must include a roster of Scouts and Scouters attending the event. Pre-registration is vital to assure an adequate amount of food is available for all attendees.

Arrow of Light / Webelos II

We encourage troops to invite AOL/Webelos II from their partnering packs to join them and participate in the activities at this year's Klondike Derby. This is a great opportunity for the AOL/Webelos II to attend and participate in a Scouting activity to complete the requirement for the Arrow of Light Award. And as this is a popular transition time for AOL/Webelos II into Boy Scouts it makes for a good transition activity.

Klondike Sled:

Sleds may be built using wood, PVC, metal, and rope. Examples can be found by a Google search. The sled must be capable of carrying gear for the AM events and a rider for the PM sled race.

The Snow Snake

The Challenging and competitive game of Snow Snake has been part of North American culture for hundreds of years. Scouts will compete to see who can send their Snow Snake the farthest. Creating a basic Snow Snake is a fairly easy and inexpensive process. A Google search can provide many plans and examples. We encourage every Scout to build their own custom Snow Snake. There will be an award given to the Scout who achieves the longest throw with their snake.

Schedule of Events

8:00-8:30 Sign in. *Remember, you must pre-register by Jan 31 to attend this event!*

8:45 Opening Ceremony and announcements

9:00-12:00 AM Events and Competition

12:00-13:00 Lunch

1:15 Gather for Snow Snake and Klondike Sled Race

2:30 Awards and Closing

Explanation of AM Events:

Cross Cut Saw

Scouts will use a 2-man cross-cut saw to cut through a log. This will be a timed event (saw, log, and sawbuck will be provided).

Fire Starting

This is a timed event. Scouts will build and light a fire with the goal of burning through a string 3 ft. off the ground. This station will have a strictly enforced time limit. Scouts will start with a clear fire pit, the time spent building the fire itself will count into the time of the event. The point of ignition shall not be more than 3” from the base. No chemical fuels or lighters may be used. Any attempt to pre-soak materials with “Boy Scout water” will end with a disqualification. The use of a ferro rod/hot sparker will earn 30 seconds taken off ending time, the use of flint and steel will earn 1 minute taken off ending time. Scouts are also responsible for putting out and cleaning their fire after the competition. (The string to be burnt and supports will be provided).

Knots

Each Patrol will be required to tie the following knots: bowline, 2 half hitches, clove hitch, taut line hitch, square knot, sheet bend, and timber hitch and know what they are used for.

Log Hoist

Each patrol must tie a timber hitch around a log and hoist it over a suspended branch. The hoist rope will then be tied to a stake using the clove hitch. (The branch, log, and stake will be provided.)

Ice Rescue

Scouts will rescue a person who has ‘fallen through the ice’ using any method they choose.

First Aid

The patrol will give First Aid to a ‘fallen skier’ with a leg fracture.

Whiteout

The Patrol must navigate through a course blindfolded with only the sled rider giving directions. (Blindfolds will be provided.)

Compass

Each patrol will be given a card with courses and distances to follow.

Blindman station

The Patrol is broken up into two-person teams. One will be blindfolded and the other must provide voice commands to complete a planned course/task.

Winter Quiz

The Patrol must answer 20 Multiple Choice questions related to winter activities

Equipment and materials needed on the sled for the AM Events

Paper & pen/pencil, Scout Handbook, First Aid Kit, Wood for fire starting, Matches, hot spark, or flint & steel, Rope, Trash bag, Water, Patrol Flag, Tarp, Compass, Blanket, Small shovel, Splints, anything else you think would be useful.

Explanation of PM Events:

The Great Sled Race

This year's Great Sled Race will go around a loop one patrol at a time. We will utilize a staggered start time method to prevent a bottle neck. Troops will start with about a 2 staggered start. The total time for all patrol members to cross the finish line will determine the time. At least one Scout must ride on the sled.

The Snow Snake

Each snow snake will be launched underhand along a designated track. The longest distance will be the winner. The snake must be made of wood. Wax on the snake is allowed. No runners or pointed ends are allowed.

Recognition:

Klondike Derby patches will be given to each registrant a few weeks after the Klondike Derby.

Troop Roster
 (Bring With You to check-In)
ADK Foothills Klondike Derby
February 4th, 2023
Troop:_____

	Patrol Name:		Patrol Name:
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
	Patrol Name:		Adults
1		1	
		2	
3		3	
4		4	
5		5	
6		6	
7		8	
8			